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# Vets Love Pets!



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## ARTHRITIS AND YOUR PET

During the month of July we are focussing our monthly newsletter on Arthritis as this disease is not just limited to elderly pets. More commonly we are seeing younger pets with Arthritis and now, thanks to our new Pulsed Signal Therapy (PST) machine, we are able to offer pets an alternative therapy for this degenerative disease.

### What is Arthritis ?



Arthritis is the inflammation of one or more joints which can be caused by trauma to the joint, infection of the joint, excessive strain through repeated activity, genetics and age. This disease is progressive and degenerative (gradual) and can affect both cats and dogs at any age. Diagnosis is important to provide pets with the appropriate treatment as this disease can be very painful.

### Types of Arthritis



#### **Osteoarthritis:**

Inflammation of the joint normally caused by wear and tear, infection, genetics or age.

#### **Rheumatoid Arthritis:**

This is an auto-immune disease wherein the body itself is destroying the cartilage.

#### **Infectious Arthritis:**

This type of arthritis is caused by a bacterial, viral or fungal infection in the joints.

#### **Hip Dysplasia:**

This is the most common example of the degenerative joint disease – it is a looseness in the joint or shallow socket and which is usually hereditary.

### 4 steps to managing your pet's arthritis

#### 1. Weight Control:

Arthritis often affects weight bearing joints, therefore carrying excess weight puts extra strain on the joints and can make arthritis worse. Weight control can be a major factor in slowing the progress of this condition.

#### 2. Exercise:

Exercise helps to reduce the pain and joint stiffness, but this needs to be restricted when the arthritis is bad. Gentle exercise every day is your aim. It is better to give your pet shorter, more frequent exercise than longer periods less often. Swimming is an excellent option as it provides exercise for your pet with very little stress to their joints.

#### 3. Pain Relief:

Veterinarian prescribed medications can treat the inflammation in their joints and help to reduce the soreness and pain of arthritis, thereby helping your dog happily exercise again. Avoid the use of human over the counter medicines as they will cause more harm to your pet's organs.

#### 4. Pulsed Signal Therapy (PST) Treatment:

This is a non-invasive therapy which promotes new bone and cartilage growth by transmitting pulsed signals into the joints. Please ask our staff for more information on this treatment. Further information is also available on our website.



### DID YOU KNOW ...



Arthritis affects 1 in every 10 dogs

### Signs Of Arthritis



- Does your pet tire easily after long walks?
- Does your pet limp, lag behind or appear stiff after activity?
- Is your pet slow to rise from the resting position?
- Have you noticed a decrease in their activity level?

# PETS IN THE PARK – A GREAT SUCCESS !



The staff and clients of Tudor Glen Veterinary Hospital worked together to raise \$640 for the Edmonton Humane Society. Staff members and their pets participated in the 2.5km dog jog, bobbing for hot dogs, musical mats and tennis ball retrieving. Although the weather was very wet that day, the dogs were not deterred by this and our pampered pets had a blast helping other pets less fortunate.



## AHOY MATEY !

Are you planning on boating with your pet this summer? You may not be aware that not all dogs can swim. Should your dog fall overboard, he or she may not be able to reach safety before they suffer from exhaustion or hypothermia. Don't put them at risk, fit them with a personal floatation device (lifejacket). These are available in small, medium and large. Please ask a member of our health care team for more information, or come in with your dog for a fitting.



## WE SELL DOGGLES

*protective eye ware  
for your dogs*



100% UV protection  
shatterproof lenses  
Anti-fog lenses  
Super flexible rubber frame  
Interchangeable, removable lenses  
Available in 11 colors & 5 sizes

**BE SAFE, LOOK COOL !!!**

## Need a bath???

## WIPE your Paws

Coin Operated Self Pet Wash

1002 Tudor Glen Place, St. Albert  
Ph: (780) 458-6051

Open Daily 7am - 11pm

(next door to Tudor Glen Veterinary Hospital)

Shampoo, conditioner and cool air drier provided  
(towels are available from Tudor Glen Veterinary Hospital reception during office hours)

